



**For Immediate Release**

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### **Fairfield Senior Center provides travel opportunities**

**Fairfield, California (Monday, September 17, 2012)**—The Community Resources Department for the City of Fairfield is seeking all adult travelers to attend the monthly travel presentation at the Fairfield Senior Center on Wednesday, September 26, beginning at 10 a.m. in the Christiansen Room, located at 1200 Civic Center Drive.

Collette Vacations will highlight all of their trips planned for this year and beyond. Come hear about the itineraries for Panama, China's Yangtze River Cruise, Southern Italy with Sicily, Washington DC, Heart of the South, Cruising the Best of Scandinavia, South Africa, and Portugal and its Islands.

Adults are encouraged to sign up months in advance, especially for the most popular destinations. All reservations are first come, first served basis.

According to psychologist Dr. Stephanie Smith of Erie, Colorado, "Traveling is good for our mental health. It gives us a break from our day to day routines, it exposes us to different ideas and cultures, and it allows us to build memories with our family and friends." Senior group travel provides just the break we all need. It gives you the freedom to see the world without any logistical worries.

For more information on senior group travel experiences, as well as the Fairfield Senior Center, contact Senior Services Coordinator Jane Kibbey at 707-429-6291 or email [jkibbey@fairfield.ca.gov](mailto:jkibbey@fairfield.ca.gov).

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#### **About the City of Fairfield Community Resources Department**

The Community Resources Department's mission is to shape our community's future by offering an array of programs and services that meet the needs of Fairfield residents. The department strives to provide resources for all aspects of daily life. Community Resources operates affordable housing programs, recreational classes, neighborhood improvement programs, senior services, sports and aquatics programs, and youth activities. The department manages the Aquatics Complex at Allan Witt Park, Sports Center, Fairfield Community Center, Fairfield Senior Center, neighborhood centers, and sports fields.